

Full Report (All Nutrients) 45004484, FIT&ACTIVE, TURKEY & BROCCOLI STUFFED SANDWICHES, UPC: 041498151188

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Aldi-Benner Company

Nutrient	Unit	Data points	Std. Error	128.0 g 128g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	260	203
Protein	g	--	--	11.00	8.59
Total lipid (fat)	g	--	--	3.99	3.12
Carbohydrate, by difference	g	--	--	43.00	33.59
Fiber, total dietary	g	--	--	2.0	1.6
Sugars, total	g	--	--	3.00	2.34
Minerals					
Calcium, Ca	mg	--	--	100	78
Iron, Fe	mg	--	--	2.70	2.11
Sodium, Na	mg	--	--	719	562
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	1.2	0.9
Vitamin A, IU	IU	--	--	100	78
Lipids					
Fatty acids, total saturated	g	--	--	0.998	0.780
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	10	8

Amino Acids

Other

Ingredients

ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE. RIBOFLAVIN, FOLIC ACID), WATER, COOKED WHITE TURKEY MEAT (WHITE TURKEY MEAT, WATER, MODIFIED CORN STARCH, SALT, CARRAGEENAN, SODIUM PHOSPHATE, FLAVORINGS), BROCCOLI, CHEESE SAUCE MIX (WHEY, MODIFIED FOOD STARCHES, CHEDDAR CHEESE [PASTEURIZED MILK, SALT, ANNATTO EXTRACT, CULTURE, ENZYMES], CANOLA OIL, NONFAT MILK, SALT, NATURAL FLAVORS, ENRICHED WHEAT FLOUR [CONTAINS NIACIN, REDUCE IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], CITRIC ACID, MONOGLYCERIDES, DRIED ONION, SPICES AND SPICE EXTRACTIVES [INCLUDING ANNATTO AND PAPRIKA], XANTHAN GUM,

TOCOPHEROLS). FAT FREE CHEDDAR CHEESE (PASTEURIZED PART SKIM MILK, CHEESE CULTURE, SALT, ENZYMES, VITAMIN A PALMITATE, NATAMYCIN), CONTAINS 2% OR LESS OF THE FOLLOWING: BREAD CRUMBS (WHEAT FLOUR, SUGAR, PARTIALLY HYDROGENATED SOYBEAN OIL WITH TBHQ, SALT, YEAST, CALCIUM PROPIONATE), CORN FLOUR, CORN MEAL, DOUGH CONDITIONER (MONOGLYCERIDES, PROPIONIC AND/OR ACETIC AND/OR PHOSPHORIC ACID), DEODORIZED GARLIC POWDER, WHEAT STARCH, SODIUM STEAROYL LACTYLATE, ASCORBIC ACID), GARLIC POWDER, MODIFIED FOOD STARCH, MONO-AND DIGLYCERIDES, NONFAT MILK, ONION POWDER, POLYSORBATE 60, SALT, SOYBEAN OIL, SOY LECITHIN, SPICE, SUGAR, WHEY, XANTHAN GUM, YEAST (YEAST, STARCH, ASCORBIC ACID). *Date Last Updated by Company:* 06/21/2014